

CONSULTATION SERVICE FOR PARENTS/CARERS

The City of Wolverhampton Council's Inclusion and Empowerment Service launched a free remote parent/carer consultation offer in March 2020 to support families during lockdown. This involved Educational Psychologists, Assistant Psychologists, Trainee Educational Psychologists, members of the Outreach Service, and Specialist Teachers. As national restrictions reduced, the Educational Psychology Service continued the offer. Following the government announcement on Monday 4th January 2021 regarding renewed tighter national restrictions including the partial closure of schools, teams from within the Inclusion and Empowerment Service have again joined the Educational Psychology Service to offer support to families through the remote consultation service. The consultation service is open to any parent/carer of a child who lives in Wolverhampton or who is under the care of Wolverhampton Local Authority.



The aims of our service are that parents/carers:

- *will feel an improved sense of well-being/will feel better after the consultation;*
- *will feel listened to and that the Psychologist has worked hard to understand their concern(s);*
- *will feel better able to cope with the concern(s);*
- *may view the issue(s) in a different way and will work with the Psychologist to identify different possibilities and solutions;*
- *may be provided with any useful resources to support them in dealing with the issue(s);*
- *may be signposted to other agencies to support them with the concern(s) at this time.*

Parents/carers will be contacted remotely by your preferred method of communication and offered an initial consultation of **up to 30 minutes** with a member of our Inclusion and Empowerment Service. You may also be offered another review consultation at a later date, mutually agreed by you and the member of the Inclusion and Empowerment Service, as a way of monitoring progress.

Areas you may wish to discuss or explore with us could include:

- How can I promote emotional wellbeing and positive mental health for me and my family;
- How do I support my child's learning, social and emotional needs at home;
- How do I support my child who is anxious or worried;
- How do I promote positive behaviour in the home context;
- How can I support positive relationships in my family;
- What can I do as a parent/carer to support my child or young person through transitions;
- Advice about Special Educational Needs and Disabilities (SEND) systems and processes.

Please note that this is a distinct offer for parents/carers and is not an extension of our work in schools.

Contact us:  inclusionsupportadmin@wolverhampton.gov.uk
 01902 550609

Website: www.educationalpsychologywolverhampton.co.uk
www.wolverhampton.gov.uk/outreach



For more information about the consultation service for parents/carers please contact our team administrators on the email or telephone numbers below.

If you would like to access the consultation service, please complete an online request form (link below) or complete the request form document below and either email or telephone the Educational Psychology Service:

Webpage: <http://www.educationalpsychologywolverhampton.co.uk/parents/remote-consultation-service.html>

Email: inclusionsupportadmin@wolverhampton.gov.uk

Tel: 01902 550609 or 07971 639296

Contact us:  inclusionsupportadmin@wolverhampton.gov.uk
 01902 550609

Website: www.educationalpsychologywolverhampton.co.uk
www.wolverhampton.gov.uk/outreach



Request for consultation support from the Educational Psychology Service

Child/young person's details

First Name(s)		Surname	
Date of birth School Year		School/ setting	
Has a member of the Inclusion and Empowerment Service (EPS, Outreach Service, SLS etc) previously been involved with your child/yp? If yes, can you please provide the name(s) of the professional(s)	Yes <input type="checkbox"/> No <input type="checkbox"/>		
Is the child/young person identified as: Child/young person in Care <input type="checkbox"/> Child Protection (CP) <input type="checkbox"/> Child in Need (CiN) <input type="checkbox"/>			

Parent/carer's details

First Name(s)		Surname	
Preferred method of communication e.g. phone, video calling, email and details		Email or postal address for correspondence	
Is an interpreter required? No <input type="checkbox"/> Yes <input type="checkbox"/> (if Yes please specify language)			

I am seeking support with the following areas:

Preferred contact times

Please tick preferred contact times and/or insert specific preferred dates/times

	Monday	Tuesday	Wednesday	Thursday	Friday
AM					
PM					

Contact us:  inclusionsupportadmin@wolverhampton.gov.uk
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We will aim to respond to consultation requests as quickly as possible. We thank you for your patience if we are not able to contact you as quickly as we would like due to demand.

Please see our websites (web addresses in footer) for helpful and supportive resources.

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